

# AURORA FAMILY.

## For Caring Adults

Vital, Targeted Learning and Signposting for Parents, Foster carers, Teachers, and all adults responsible for children

*Emotional literacy and understanding vulnerability*

*An introduction to identifying and understanding feelings and discussion based learning around features of vulnerability*

*Understanding and Supporting mental health*

*Written and developed in collaboration with a qualified counsellor, this training touches on Mental health first aid and signposting for vulnerable young people*

*Drugs and Criminal Exploitation*

*How vulnerability can lead to substance dependancy and in turn be exploited. Practical advice on what to look out for and where to turn if you are worried*

*Cyber and Sexual Exploitation*

*What happens when vulnerabilities are exploited and the importance of keeping up to date with technology and predatory online behaviours,*

# Why train with us?

Aurora family CIC is a locally based community interest company who join up a network of experienced professionals united in their passion to share knowledge and safeguard young people. Our training courses are devised and delivered by specialists with direct experience of managing risk and providing real support to young people.

## How much does it cost?

Individual sessions cost £35 per delegate

Block booking (four sessions) £100 per delegate

Group bookings for discounted rates (5 or more delegates) available upon request

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Questions? email us at [admin@aurorafamily.co.uk](mailto:admin@aurorafamily.co.uk)  
Check out our website [www.aurorafamily.co.uk](http://www.aurorafamily.co.uk)  
for more details about our current projects and  
what we have to offer